



Verisana LAB • 818 N Quincy St Unit 806 • Arlington, VA 22203

Jane Smith  
1234 Main Street  
Anytown, CA 45789  
USA

**Surname, First name** Smith,Jane

**DOB** 05/01/1980

**Sex** female

**Lab number** 2-4306

**Report date** 04/30/2019

## Laboratory report

Enclosed you will find the results of your laboratory examination. In addition to your results you will also receive a summary of the correlating effects, regarding the tested parameters. These are compiled without any knowledge on the clinical background and as such, may only be used as an interpretation aid. In case of health problems, please consult a doctor or practitioner for medical treatment and accompaniment for making the best decisions for your health. We explicitly warn against beginning, suspending, or changing any medication or therapy without consulting your doctor or practitioner.

**Test:** Candida Test

**Sample material:** Stool

**Date collected:** 06/09/2019

**Date received:** 06/13/2019

Analyte	Result	Reference range	Result
Yeast/Fungi			
Candida albicans	10 <sup>6</sup> cfu/ml	< 10 <sup>3</sup> cfu/ml	
Candida sp.	10 cfu/ml	<10 <sup>3</sup> cfu/ml	
Geotrichum sp.	0 cfu/ml	<10 <sup>3</sup> cfu/ml	
Mold	10 <sup>2</sup> cfu/ml	<10 <sup>3</sup> cfu/ml	

### Candida albicans

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Increased *Candida albicans* indicates deficiencies in colonisation resistance, disturbances of intestinal flora, and/or defects of mucosa. Yeasts may burden the body with toxic metabolites. Some patients respond to even low rates of yeast overgrowth.

#### **Candida sp.**

*Candida* spp. are common members of the human gut, that may burden the body with toxic metabolites. Some patients respond to even low rates of yeast overgrowth. The prevalence of *Candida* was comparatively low in the specimen.

#### **Geotrichum sp.**

*Geotrichum* sp. frequently occurs as a contaminant of dairy products and fruit. The fungi rarely leads to intestinal complaints.

#### **Mold**

The outside air always contains molds, but the concentrations vary considerably. Also, almost every home gets mold. Mold can cause flu-like symptoms in your body. There is no evidence of mold overgrowth in the specimen.

Yours sincerely,

Your laboratory team